

Trainingsplan FC Heimberg Herbstrunde 2010/2011

Mannschaft	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
3. Liga		19.00-20.30 (C5)		19.00-20.30 (C5)	
4. Liga a	19.45-21.15 (C4)			19.45-21.15 (C4)	
4. Liga b		20.15-21.45 (C4)			19.45-21.15 (C4)
Senioren			19.30-21.00 (C4)		
Veteranen				19.00-20.30 (C3)	
Jun. A		19.45-21.15 (C2)		19.45-21.15 (C2)	
Jun. Ba	19.00-20.30 (C5)		19.00-20.30 (C5)		19.00-20.30 (C5)
Jun. Bb	19.00-20.30 (C2)		19.00-20.30 (C2)		
Jun. C	18.00-19.30 (C3)		18.00-19.30 (C3)		18.00-19.30 (C3)
Jun. Da	17.30-19.00 (C4)		17.30-19.00 (C4)	17.30-19.00 (C4)	
Jun. Db	18.15-19.45 (C1)			18.15-19.45 (C1)	
Jun. Dc	16.45-18.15 (C2)			16.45-18.15 (C2)	
Jun. D _{U12}					17.00-18.30 (C2)
Jun. Ea		17.30-19.00 (C1/C2)		17.30-19.00 (C1/C2)	
Jun. Eb		17.30-19.00 (C1/C2)		17.30-19.00 (C1/C2)	
Jun. Ec		17.30-19.00 (C1/C2)		17.30-19.00 (C1/C2)	
Jun. Fa			17.15-18.45 (C1/C2)		
Jun. Fb			17.15-18.45 (C1/C2)		
Jun. Fc			17.15-18.45 (C1/C2)		
Espoir			17.15-18.30 (C1/C2)		
Torhütertraining A-C		18.00-19.00 (C4)			
Torhütertraining D-E				18.00-19.00 (C2)	
Mädchen	(C4)	(C3)	(C3)	(NT1 / NT2)	(C4)

Legende Spielfelder
Trainingsfeld
Öffnung: 26.07.2010
Hauptfeld
Öffnung: 02.08.2010
Schulhausrasen
Öffnung: 16.08.10 (ev. 09.08.10)

Legende Garderoben
C1 bis C5 = Clubhaus
NT1 / NT2 = Neue Turnhalle

