Trainingsplan FC Heimberg Roter Platz Winter 11/12

Team	Montag	Garderobe	Dienstag	Garderobe	Mittwoch	Garderobe	Donnerstag	Garderobe	Freitag	Garderobe
3. Liga							19:45 - 21.30			
4. Liga a	20:00 - 21:30									
4. Liga b										
Senioren										
Veteranen										
Jun. A			20:00 - 21:30							
Jun. Ba					19:00 - 20:30					
Jun. C	18:30 - 20:00									
Jun. Da			18:30 - 20:00							
Jun. Db							18:30 - 19:45			
Jun. Ea			17:00 - 18:30							
Jun. Eb							17:00 - 18:15			
Jun. Ec							17:00 - 18:15			
Jun. Fa										
Jun. Fb										
Jun. Fc										
Espoir										